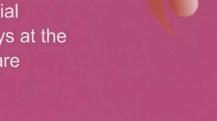
## u&i care transition to adulthood

u&i care is committed to enhancing the quality of life of every person by making u&i care a special place for everyone and ensuring service users are always at the core of the decision making process, and their families are consulted at each stage of the process.



## **Transition from School or College**

Your child may have been in a specialist school and safety net for many years. It can be difficult to think about what you will want for their future when they come to leave school. Possibly a stressful time, with very little advice available, which may leave you feeling helpless or confused.

u&i care's experience allows us to understand these situations and working with the families and individuals involved we offer a tailored approach to the users needs, which can progress from outreach and/or residential care towards supported living and greater independence.



## **Initial Assessment**

We are all individuals and have our own goals and needs, All service users will have the opportunity to engage in a thorough assessment process that leads to a detailed support/care plan aimed at assessing the person as a whole.

Once this has been collated, it is analysed and discussed with the service user and family and/or relevant carers. Although this process will vary for each service user it will generally include

- Assessment of the individuals communication skills and methods that they use
- Profile of the individuals diagnosis
- Assessment of an individuals personal skills
- · Early developments and development milestones
- · Overview of the individuals
- daily behaviour and routine
- long and short-term goals
- hobbies and interests

## **Person Centred Plans and Support**

The preparation of the care plans are designed to be person centred and begin with identifying the individual's specific needs.

Each care plan aims to enhance adaptive skills, learn new skills and develop coping strategies. In addition it provides opportunities for the individual to develop communication skills and to increase engagement in communal activities.

The person centred care plan enables a consistency of support to be delivered by the care team and identifies progress towards the agreed objectives. Each care plan is updated on a daily basis and evaluated at the end of each month. Any required modifications are agreed with the service user and their families.

The recording of engagement in activities and identification of progress towards the objectives serves as a good measure of the development of the service users individual abilities.

